

Introducing Telehealth to Your Patients

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What: Telehealth is the use of electronic information and telecommunication technologies to remotely provide health care information and services.

Why: Telehealth can be a viable alternative to seeing a therapist in the clinic.

- Improved Access to Care
- Reduced Travel Time
- Improved Convenience
- Improved Patient Engagement and Self-Management
- Cost Effective
- Improved Session Attendance
- Adaptable Care to the Patient’s Environment

Where: Telehealth sessions can be held in a convenient location anywhere within a patient’s plan of care.

Where are the visits held*

- Patient: patient preference
- Therapist: therapist preference with HIPAA compliance

**state/federal law and practice act dependent*

Where in the Plan of Care

- Telehealth fits as a supplement or a stand-alone modality of service almost anywhere within a patient management model. It can be incorporated in each phase of screening, evaluation, follow-ups, discharge and patient monitoring.

When: Telehealth appointments can be scheduled for times that work best for your patients and fit into their lifestyles. Every patient has unique needs, and telehealth allows you to accommodate those needs in order to provide the personalized care necessary to get your patients back to function.

How: Telehealth can be synchronous, which is real-time communication (such as a video visit), or asynchronous, which is store-and-forward communication (such as a patient sending an image to a clinician to review, or a clinician collecting patient information from remote wearable devices).

	Photo	Video	Audio	Text
Synchronous (in real-time)		✓	✓	

Example: The clinician connects directly with the patient during a telehealth appointment

	Photo	Video	Audio	Text
Asynchronous (Store-and-forward)	✓			✓

Example: Prior to a session, a patient sends an image to their clinician related to their case